

# FACELIFT



Facelift is a surgical treatment to remove excess skin on the face and neck and tighten your muscles, thus eliminating signs of sagging and improving tone and shine on the face.

Although there is no age, this intervention is especially indicated so that they want an effective and lasting treatment of facial rejuvenation to return to their face the vitality lost over the years.

## What is the face lift intervention?

Skin wrinkles appear as the years go by, especially visible in the area around the mouth and nose (commissure of the lips and nasogenian groove), of the eyes (crow's feet), between the eyebrows or in the neck (double chin).

The facial skin has lost elasticity and firmness, and the facelift will try to stretch and remove excess skin by surgical intervention.



First, a thorough preoperative study should be carried out to assess the suitability of the intervention and specify how the surgery will be. The operation is performed by local anesthesia and sedation.

The surgeon will make a minimal incision in the scalp over the hairline and extend the ears around the lobe behind the ears and the scalp. In this way the scar will be camouflaged and will not be visible.

Next, the muscle, skin and fat layers are repositioned, tightening the facial muscles and removing the excess tissue. Once the procedure is finished, the incisions are sutured with stitches. In many cases it is advisable to complement this facelift with a blepharoplasty and thus eliminate excess skin on the upper eyelids.

## How is the recovery and post-operative facelift?

After the face lift operation, it is normal for the patient to have certain discomforts without pain the first nights, which are controlled with analgesics and that will disappear within a few days.

In the first days it is usual for the patient to feel the skin of the face somewhat "padded." This sensation will disappear within a few weeks. The face has a swollen appearance the first two weeks, during which time it is advisable not to work or exercise or activities that can damage the face. Nor should the skin be exposed to the sun during the first three months.

## What is the price of a facelift?

The price of the facelift, like any surgery, will vary according to each patient, since it is a very personalized intervention according to the facial structure of each patient and their expectations of the patient.

The costs of the surgeon's fees, anesthesia, hospital expenses including nursing care, operating room and hospitalization, as well as medication and other additional expenses, must be taken into account.

## Are there facial lifting treatments without surgery?

There are also other options to rejuvenate the face and achieve a lifting effect without going through the operating room, using facial rejuvenation treatments such as:

- *Botox*, which eliminates wrinkles and expression lines on the face by applying botulinum toxin in areas such as eyebrows, forehead or around the eye area.
- *Facial fillers*, which fill the furrows and wrinkles of the skin in areas such as the cheeks, chin, jaw or around the mouth with fillers of natural compounds such as calcium hydroxyapatite or hyaluronic acid, achieving an immediate lifting effect.

This is general information ask your plastic surgeon about your particular case.

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